

# PANTRY BREAKFAST MENU



### **GRAINS**

Figs & Pecan Porridge  $^{\it L}9$  506kcal Oats, apple, roasted figs, pecan nuts, cinnamon, maple syrup

Homemade Granola <sup>£</sup>7 556kcal
Oats, maple syrup, coconut flakes, pumpkin seeds, dried cranberry, sultanas, hazelnuts, Greek yoghurt, honey

 $Breakfast\ Chia\ ^{\it E}6\ _{\it 129kcal}$  Chia seeds soaked overnight, coconut milk, blueberries, cocoa nibs

Acai Bowl 47 389kcal
Mixed berries, banana, goji berry, apple, coconut, peanut butter

### **PASTRIES & CAKES**

Pain au Chocolat & 310kcal · Plain Croissant & 224kcal · Granola Bar & 3.50 307kcal

## **YOGHURT & FRUIT**

Plain Greek £3.50 | 160kcal · Greek & Berry Compote £4 272kcal Coconut & Berry Compote £4 207kcal · Sliced Fruits £4 | 130kcal

# JUICE

Fresh Orange Juice £5.75 105kcal · Pressed Apple Juice £5.75 112kcal

Fresh Grapefruit Juice £5.75 100kcall · Seasonal Juice £6

# **TEA & COFFEE**

Selection of Newby Teas  $\,^{\ell}4^{.25}$ 

Espresso  $^{\pounds}3^{.75}$  9kcal · Americano  $^{\pounds}4^{.25}$  18kcal · Latte 109kcal  $^{\pounds}4^{.75}$  · Flat White  $^{\pounds}4^{.75}$  113kcal Cappuccino  $^{\pounds}4^{.75}$  104kcal · Macchiato  $^{\pounds}4^{.50}$  22kcal · Rooibos Flat White  $^{\pounds}4^{.75}$  95kcal Mocha  $^{\pounds}5$  180kcal · Chai Latte  $^{\pounds}4^{.75}$  205kcal · Hot Chocolate  $^{\pounds}5$  162kcal

Decaffeinated options available

### **MAINS**

Traditional Full English Breakfast £16 741kcal
Grilled streaky bacon, pork & leek sausage, tomato, mushroom, black pudding with fried, poached, or scrambled eggs

Full Nourish £16 65 kcal

Vegetable fritter, crushed avocado, tomato, beet hummus, spinach, beet black pudding, poached eggs, toasted sourdough

Soft-boiled Eggs & Sourdough Soldiers & 441kcal

 $\begin{tabular}{ll} Omelette & $^{\pounds}12$ & $_{152kcal}$ \\ & & \textit{With your choice of:} \\ Bacon & $_{135kcal} \cdot Tomato & $_{10kcal} \cdot Mushroom & $_{53kcal} \cdot Spinach & $_{10kcal} \cdot Cheddar Cheese & $_{166kcal}$ \\ \hline \end{tabular}$ 

Avocado & Toasted Sourdough £14 615kcal
Crushed avocado, feta, pomegranate, poached eggs, pumpkin seeds,
sesame za`atar, chilli dressing

John Ross Jr. Smoked Salmon & Scrambled Eggs £14 543kcal Scrambled eggs, smoked salmon, lemon

 $Eggs\ Benedict\ ^{\it L}14\ {\it 520kcal}$  Poached eggs, Wiltshire ham hock, hollandaise sauce, toasted sourdough

 $Eggs\ Royale\ ^{\it £}14\ {\rm _{603kcal}}$  Poached eggs, smoked salmon, hollandaise sauce, toasted sourdough

All prices include VAT at the standard rate. We add an optional 10% service charge to your bill of which 100% is paid to the hotel team.

Some of our food and drinks may contain nuts and other allergens. Please speak to us before placing an order so that we can advise you on your choice. Our kitchens and bars handle all allergens and use shared equipment, so unfortunately, we cannot guarantee to be trace free. Our vegan recipes are prepared with vegan ingredients, but these may still contain traces of all allergens. Adults need around 2000kcal a day.